



## Things to do in 3 Hours

Stuck during a highway closure? Or just passing through and looking for a way to stretch your legs? We've got you covered!

### Walk the Rotary Trails

Sometimes it's nice to get out of the car and stretch your legs, especially if the kids or the dog have restless energy! Start from the Golden Municipal Campground along the Kicking Horse River, and follow the path to the Spirit Square where you can get a good look at the Kicking Horse River Pedestrian Bridge, the longest freestanding timber frame bridge in Canada. Check out the [Golden Hiking Trail Map](#) for full trail details.

### Find a sweet treat

There are many delicious delights to be found in Golden's quaint little shops in the downtown and main street area, including one-of-a-kind ice cream shops, cafes and bistros, and unique restaurants with something for everyone. While you're downtown, check out some local art galleries and shops to pass the time.

### Get your game on

Golden has a variety of family-friendly quick adventures to enjoy! If you're looking for something simple for the kids to enjoy, there are lots of recreational parks and play areas. Fun for the whole family or with a group of friends could include a round of [mini golf](#) up at the Golden Golf Course, a game of tennis or pickleball at the tennis courts, or explore the newly-popular disc golf courses around town! Having your own gear is recommended but there are locations in town that sell necessities for outdoor games.

### Explore hidden gems

Sometimes it's hard to book adventures in advance, but Golden has plenty of local highlights that are available for your enjoyment! Take the World's Largest Paddle, located about 20 minutes south of Golden. Or take a drive up in the Blaeberry and visit some wolves at the [Northern Lights Wolf Centre](#) with a 25-minute interpretive tour about this incredible keystone species.

### Cool off in the heat

If you're here during the summer, sometimes the heat can get the best of you and AC just isn't enough! Golden offers plenty of opportunities to cool down, including the Golden Municipal Outdoor Pool and Gushers Spray Park. If you're feeling like working on your tan in the great outdoors, head up to Cedar Lake - make sure to pack some bug spray and sunscreen! A relaxing day in the water can turn a good day into a great day in Golden.